

LUKE HOUSE CASSEROLE

12 oz. Elbow Macaroni – Cooked and Drained
3 or 4 lbs. of Ground Beef
2 Cups Chopped Onion
2 (14 oz.) Cans Stewed Tomatoes
2 (6 oz.) Cans Tomato Paste
2 Teaspoons each of Salt & Pepper
2 Tablespoons Brown Sugar
Fresh, Canned or Frozen (thawed) Veggies – Your Choice (corn, mixed, butter beans, green peppers, ect)

Cook ground beef with onion until browned, drain. Add all other ingredients except macaroni. Simmer for 20-30 minutes. Stir in cooked macaroni.

Pour casserole into ice cream bucket (available at the Parish Center Kitchen). The casserole will be heated before serving at Luke House. If you don't have a bucket, use gallon zip lock bags.

Please have all food donations to the Parish Center by 3:00 p.m. on the first Tuesday of the month.